Australian National Cleaning Management Framework (ANCMF)

Gym

Code: ANCMF-AU-GB-G-01 • Facility: Government Building • Frequency: daily

Scope of Work

- Dusting of all surfaces including gym equipment, benches, and windowsills.
- Sanitising of gym equipment, mats, and high-touch areas.
- Vacuuming of carpeted areas and mats.
- Mopping of hard floors with appropriate cleaning solutions.
- Emptying and sanitising rubbish bins.
- Cleaning and sanitising of change rooms and toilets.
- Wiping down mirrors and glass surfaces.
- Ensuring all cleaning is conducted using colour-coded cleaning systems to prevent cross-contamination.

Method

- 1. Begin by dusting all surfaces using microfibre cloths to capture dust and allergens.
- 2. Sanitise gym equipment and high-touch areas with a hospital-grade disinfectant.
- 3. Vacuum carpeted areas and mats using a HEPA-filter vacuum cleaner to ensure air quality.
- 4. Mop hard floors with a neutral pH cleaner to maintain floor finish and safety.
- 5. Empty rubbish bins and replace liners, ensuring bins are sanitised.
- 6. Clean and sanitise change rooms and toilets using appropriate cleaning agents.
- 7. Wipe down mirrors and glass surfaces with a glass cleaner to remove smudges and fingerprints.
- 8. Ensure all cleaning tools and equipment are cleaned and stored properly after use.

Equipment

- · Microfibre cloths
- Hospital-grade disinfectant
- HEPA-filter vacuum cleaner
- Neutral pH floor cleaner
- Glass cleaner
- Colour-coded cleaning buckets and mops

Rubbish bin liners

Quality Criteria

Performance Level	Criteria
Excellent	All surfaces are free of dust and marks; gym equipment is sanitised with no visible residue; floors are spotless and dry; rubbish bins are empty and sanitised; mirrors and glass surfaces are streak-free.
Good	Minor dust on high surfaces; gym equipment is sanitised with minimal residue; floors are clean with slight dampness; rubbish bins are empty; mirrors and glass surfaces have minor streaks.
Pass	Noticeable dust on surfaces; gym equipment has visible residue; floors are clean but damp; rubbish bins are not overflowing; mirrors and glass surfaces have visible streaks.
Fail	Significant dust accumulation; gym equipment is unsanitised; floors are dirty or wet; rubbish bins are overflowing; mirrors and glass surfaces are dirty.